

Holiday intensives are taking place from 1st - 4th June (4 days) at Framlingham College pool.

Learn to Swim: 10.00 & 10.30am (30 minutes duration)

*Stage 1: Absolute Beginners (Adult helpers assisting in the water)

*Stage 1: Confident Beginners

*Stage 2: 5m Front & Back

*Stage 3: 10m Front & Back plus introduction to Breaststroke

Cost: £12.50 per child per session.

1-2-1 tuition from 11.00am by arrangement.

Cost £17.50 per 30 minutes.

SWIM CLINICS: Stages 4 - 9 ASA National Plan

These will be taking place from 2.00 - 4.00 (2 hours) Tuesday - Friday (4 Days). A 15minute break will be included. Please provide a snack for your child.

The focus is on developing and improving swimming technique in all four strokes

- Analysis and feedback to individuals.
- Guest swim coach.
- County level swimmers will be demonstrating skill & drills.
- All swim coaches & teachers ASA accredited.
- Qualifications include RLSS NPLQ or NRTT&C.

Cost: £25.00 per child per 2-hour session.

For more information and booking please contact Audrey Tovey.
ATovey@FramlinghamCollege.co.uk.

Tel: 07833780101

Places Must be booked and paid for in advance to secure places on each course.