

## Long Term Plans – Outdoor Learning

High-quality outdoor learning experiences inspires all pupils to succeed and excel in collaborative, physical and problem-solving activities. It should provide opportunities for pupils to become confident and resilient in a way which supports their health and fitness. Outdoor learning should build on a child's innate motivation and offer opportunities to take risks, make choices and initiate learning for themselves. Pupils should learn to understand, appreciate and care for the natural environment.

### Aims

The curriculum for outdoor learning aims to ensure that all pupils:

- develop competence to excel in a broad range of outdoor activities
- develop confidence to take risks, problem solve, build resilience and work co-operatively as part of a team
- develop an understanding and appreciation for the natural environment
- lead healthy and active lifestyles.

### Attainment targets

By the end of each key stage, pupils are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study.

### Subject content

#### Key stage 1 and 2

Pupils should develop fundamental skills, become increasingly competent and confident and access a broad range of opportunities individually and in groups. They should be able to engage in challenging and co-operative activities, using a range of skills.

Pupils should be taught to:

- develop understanding in a variety of outdoor activities
- take part in problem solving or survival activities requiring pupils to plan collaboratively in pairs or small groups
- develop pupils' problem solving skills in a variety of situations in adventurous activities
- enable pupils to plan and work successfully as individuals, in pairs and in groups using good communication skills and collaboration
- develop pupils understanding of the importance and significance of rules and safety
- develop pupils' observation and evaluation skills
- build resilience by engaging in challenging activities
- develop an understanding and appreciation of the natural environment

**Subject: Outdoor Learning**

**Lead: Caroline Townshend**

1st Year	Autumn Term				Spring Term				Summer Term			
	KS1 Topic	Key Skills	KS2 Topic	Key Skills	KS1 Topic	Key Skills	KS2 Topic	Key Skills	KS1 Topic	Key Skills	KS2 Topic	Key Skills
<b>(1)</b>	<b>Natural Sculpture</b>	Observation Listening Co-operation Teamwork	<b>Natural Sculpture</b>	Observation Listening Co-operation Teamwork	<b>Blindfold Trust</b>	Orienteering Physical challenge Trust and support	<b>Blindfold Trust</b>	Orienteering Physical challenge Trust and support	<b>Mini beast hunt</b>	Observation Memory Listening Co-operation Teamwork	<b>Mini beast hunt</b>	Observation Memory Listening Co-operation Teamwork
<b>(2)</b>	<b>Scavenger Hunt</b>	Observation Memory Listening Co-operation Teamwork	<b>Scavenger Hunt</b>	Observation Memory Listening Co-operation Teamwork	<b>Kim's Trail</b>	Observation Memory Listening Co-operation Teamwork	<b>Design an obstacle course</b>	Observation Memory Listening Co-operation Teamwork	<b>Pond Dipping</b>	Observation Memory Listening Co-operation Teamwork	<b>Pond Dipping</b>	Observation Memory Listening Co-operation Teamwork
<b>(3)</b>	<b>Spider Webs</b>	Listening Co-operation Teamwork	<b>Spider Webs</b>	Listening Co-operation Teamwork	<b>Grim Town to Happy Island:- Cross water, under &amp; over fences, through bushes, balance on bridge, run away from the gorillas</b>	Listening Co-operation Teamwork	<b>Orienteering Star Exercise</b>	Orienteering Observation Listening Co-operation Teamwork	<b>Fun Clouds</b>	Listening Co-operation Teamwork	<b>Fun Clouds</b>	Listening Co-operation Teamwork

(4)	<b>The Rock (tyre)</b>	Orienteering Observation Listening Co-operation Teamwork	<b>The Rock (tyre)</b>	Orienteering Observation Listening Co-operation Teamwork	<b>1.Human Alphabet 2.All aboard, line up 3.Crossing the swamp</b>	Listening Co-operation Teamwork	<b>1.Human Alphabet 2.All aboard, line up 3.Crossing the swamp</b>	Listening Co-operation Teamwork	<b>Making Hedgehogs</b>	Observation Listening Co-operation Teamwork	<b>Making Hedgehogs</b>	Observation Listening Co-operation Teamwork
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(5)	<b>Christmas Crafts</b>	Team work Problem solving Effective communication Resilience Collaboration Respect for and understanding of nature and our environment	<b>Christmas Crafts</b>	Team work Problem solving Effective communication Resilience Collaboration Respect for and understanding of nature and our environment	<b>Orienteering Photo Trail</b>	Orienteering Observation Listening Co-operation Teamwork	<b>Orienteering Photo Trail</b>	Orienteering Observation Listening Co-operation Teamwork	<b>Fill the Leaking Container</b>	Observation Listening Co-operation Teamwork	<b>Fill the Leaking Container</b>	Observation Listening Co-operation Teamwork
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(6)					<b>Orienteering Competition</b>	Orienteering Observation Listening Co-operation Teamwork	<b>Orienteering Competition - Extension of Star Exercise – 20 stations</b>	Orienteering Observation Listening Co-operation Teamwork				
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<b>Extra Activities:</b> <b>KS1 – Creative Star</b>  <b>KS1 &amp; KS2 – Rainy Day Rubbings</b>	Observation Speaking & listening Co-operation Teamwork
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2 <sup>nd</sup> Year	Autumn Term				Spring Term				Summer Term			
	KS1 Topic	Key Skills	KS2 Topic	KeySkills	KS1 Topic	Key Skills	KS2 Topic	Key Skills	KS1 Topic	KeySkills	KS2 Topic	Key Skills
(1)	<b>Identify-in g Leaves &amp; Collecting natural objects – linked to number</b>	Observation Listening Memory Co-operation Counting	<b>Leaf Research/ Write an Article</b>	Observation Research Listening Memory Co-operation	<b>Orienteering Funny faces</b>	Agility Listening Co-operation Teamwork Resilience Evaluating	<b>Orienteering Funny faces</b>	Agility Listening Co-operation Teamwork Resilience Evaluating	<b>Making a Time Machine (Visit Victorian Age)</b>	Agility Listening Co-operation Teamwork Resilience Evaluating Problem solving	<b>Making a Time Machine (Visit Iron Age)</b>	Agility Listening Co-operation Teamwork Resilience Evaluating Problem solving

(2)	<b>Cadet Challenge</b>	Agility Listening Co-operation Teamwork Resilience Evaluating	<b>Cadet Challenge &amp; Trust Exercise</b>	Agility Listening Co-operation Teamwork Resilience Evaluating	<b>Orienteering Obstacle Challenge</b>	Agility Listening Co-operation Teamwork Resilience Evaluating	<b>Orienteering Obstacle Challenge</b>	Agility Listening Co-operation Teamwork Resilience Evaluating	<b>Secret Scroll</b>	Orienteering Observation Listening Co-operation Teamwork	<b>Secret Scroll</b>	Orienteering Observation Listening Co-operation Teamwork
(3)	<b>Making Musical Instruments with Natural Objects</b>	Listening Observing Co-operation	<b>Build a Shelter</b>	Problem-solving Listening Co-operation Collaboration Teamwork Evaluating	<b>Orienteering Matching Symbols And Create a human map</b>	Observation Listening Co-operation Teamwork Discussion	<b>Orienteering Matching Symbols and Drawing simple map using symbols</b>	Observation Listening Co-operation Teamwork Discussion	<b>Making Fairy Bracelets and Stories</b>	Orienteering Observation Speaking & listening Co-operation Teamwork	<b>Making Friendship Bracelets and Telling Stories</b>	Orienteering Observation Speaking & Listening Co-operation Teamwork

<b>(4)</b>	<b>Communication Exercise</b>	Communication Listening Co-operation	<b>Trust Exercise</b>	Trusting Communication Co-operation	<b>Orienteering Counting Cones</b>	Orienteering Listening Co-operation Teamwork	<b>Orienteering Counting Cones</b>	Orienteering Listening Co-operation Teamwork	<b>Tree Spirit Faces</b>	Observation Listening Co-operation Teamwork	<b>Tree Spirit Faces</b>	Observation Listening Co-operation Teamwork
<b>(5)</b>	<b>Making Christmas Cards from Natural Objects</b>	Team work Problem solving Effective communication Resilience Collaboration Respect for and understanding of nature and our environment	<b>Making Christmas Cards from Natural Objects</b>	Team work Problem solving Effective communication Resilience Collaboration Respect for and understanding of nature and our environment	<b>Orienteering Playschool Map Jigsaw</b>	Orienteering Observation Listening Co-operation Teamwork	<b>Orienteering Playschool Map Jigsaw</b>	Orienteering Observation Listening Co-operation Teamwork	<b>Grasses &amp; Nature Weaving</b>	Orienteering Observation Speaking & listening Co-operation Teamwork	<b>Making Dream Catchers</b>	Observation Speaking & listening Co-operation Teamwork
<b>(6)</b>					<b>Orienteering Hurdles &amp; Slalom Ball</b>	Orienteering Observation Memory Listening	<b>Orienteering Hurdles &amp; Slalom Ball</b>	Orienteering Observation Memory	<b>Target Water Gun Challenge (Maths)</b>	Observation Memory Listening	<b>Target Water Gun Challenge (Maths)</b>	Observation Memory Listening Co-operation

						Co-operation Teamwork		Listening Co-operation Teamwork		Co-operation		
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**Extra Activities:**

**KS1 - Making Mud Pies**

Observation  
Listening  
Co-operation  
Teamwork

**KS2 - Toasting on a Campfire**

Observation  
Listening  
Co-operation  
Teamwork  
Awareness

**KS1 - Pollution – Drawing**

Observation  
Memory  
Speaking and Listening  
Co-operation

**KS2 - Pollution – Make a poster**

Observation  
Memory  
Listening  
Co-operation