

Long Term Plans – Outdoor Learning

High-quality outdoor learning experiences inspires all pupils to succeed and excel in collaborative, physical and problem-solving activities. It should provide opportunities for pupils to become confident and resilient in a way which supports their health and fitness. Outdoor learning should build on a child's innate motivation and offer opportunities to take risks, make choices and initiate learning for themselves. Pupils should learn to understand, appreciate and care for the natural environment.

Aims

The curriculum for outdoor learning aims to ensure that all pupils:

- develop competence to excel in a broad range of outdoor activities
- develop confidence to take risks, problem solve, build resilience and work co-operatively as part of a team
- develop an understanding and appreciation for the natural environment
- lead healthy and active lifestyles.

Attainment targets

By the end of each key stage, pupils are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study.

Subject content

Key stage 1 and 2

Pupils should develop fundamental skills, become increasingly competent and confident and access a broad range of opportunities individually and in groups. They should be able to engage in challenging and co-operative activities, using a range of skills.

Pupils should be taught to:

- develop understanding in a variety of outdoor activities
- take part in problem solving or survival activities requiring pupils to plan collaboratively in pairs or small groups
- develop pupils' problem solving skills in a variety of situations in adventurous activities
- enable pupils to plan and work successfully as individuals, in pairs and in groups using good communication skills and collaboration
- develop pupils understanding of the importance and significance of rules and safety
- develop pupils' observation and evaluation skills
- build resilience by engaging in challenging activities
- develop an understanding and appreciation of the natural environment

Subject: Outdoor Learning

Lead: Mandy Sturmeay

1st Year	Autumn Term				Spring Term				Summer Term			
	KS1 Topic	Key Skills	KS2 Topic	Key Skills	KS1 Topic	Key Skills	KS2 Topic	Key Skills	KS1 Topic	Key Skills	KS2 Topic	Key Skills
(1)	Natural Sculpture	Observation Listening Co-operation Teamwork	Natural Sculpture	Observation Listening Co-operation Teamwork	Blindfold Trust	Orienteering Physical challenge Trust and support	Blindfold Trust	Orienteering Physical challenge Trust and support	Mini beast hunt	Observation Memory Listening Co-operation Teamwork	Mini beast hunt	Observation Memory Listening Co-operation Teamwork
(2)	Scavenger Hunt	Observation Memory Listening Co-operation Teamwork	Scavenger Hunt	Observation Memory Listening Co-operation Teamwork	Kim's Trail	Observation Memory Listening Co-operation Teamwork	Design an obstacle course	Observation Memory Listening Co-operation Teamwork	Pond Dipping	Observation Memory Listening Co-operation Teamwork	Pond Dipping	Observation Memory Listening Co-operation Teamwork
(3)	Spider Webs	Listening Co-operation Teamwork	Spider Webs	Listening Co-operation Teamwork	Grim Town to Happy Island:- Cross water, under & over fences, through bushes, balance on bridge, run away from the gorillas	Listening Co-operation Teamwork	Orienteering Star Exercise	Orienteering Observation Listening Co-operation Teamwork	Fun Clouds	Listening Co-operation Teamwork	Fun Clouds	Listening Co-operation Teamwork
(4)	The Rock (tyre)	Orienteering Observation Listening Co-operation Teamwork	The Rock (tyre)	Orienteering Observation Listening Co-operation Teamwork	1.Human Alphabet 2.All aboard, line up 3.Crossing the swamp	Listening Co-operation Teamwork	1.Human Alphabet 2.All aboard, line up 3.Crossing the swamp	Listening Co-operation Teamwork	Making Hedgehogs	Observation Listening Co-operation Teamwork	Making Hedgehogs	Observation Listening Co-operation Teamwork

(5)	Christmas Crafts	Team work Problem solving Effective communication Resilience Collaboration Respect for and understanding of nature and our environment	Christmas Crafts	Team work Problem solving Effective communication Resilience Collaboration Respect for and understanding of nature and our environment	Orienteering Photo Trail	Orienteering Observation Listening Co-operation Teamwork	Orienteering Photo Trail	Orienteering Observation Listening Co-operation Teamwork	Fill the Leaking Container	Observation Listening Co-operation Teamwork	Fill the Leaking Container	Observation Listening Co-operation Teamwork
(6)					Orienteering Competition	Orienteering Observation Listening Co-operation Teamwork	Orienteering Competition - Extension of Star Exercise – 20 stations	Orienteering Observation Listening Co-operation Teamwork				
Extra Activities: KS1 – Creative Star KS1 & KS2 – Rainy Day Rubbings							Observation Speaking & listening Co-operation Teamwork					
2 nd Year	Autumn Term				Spring Term				Summer Term			
	KS1 Topic	Key Skills	KS2 Topic	KeySkills	KS1 Topic	Key Skills	KS2 Topic	Key Skills	KS1 Topic	KeySkills	KS2 Topic	Key Skills
(1)	Identify-ing Leaves & Collecting natural objects – linked to number	Observation Listening Memory Co-operation Counting	Leaf Research/ Write an Article	Observation Research Listening Memory Co-operation	Orienteering Funny faces	Agility Listening Co-operation Teamwork Resilience Evaluating	Orienteering Funny faces	Agility Listening Co-operation Teamwork Resilience Evaluating	Making a Time Machine (Visit Victorian Age)	Agility Listening Co-operation Teamwork Resilience Evaluating Problem solving	Making a Time Machine (Visit Iron Age)	Agility Listening Co-operation Teamwork Resilience Evaluating Problem solving

(2)	Cadet Challenge	Agility Listening Co-operation Teamwork Resilience Evaluating	Cadet Challenge & Trust Exercise	Agility Listening Co-operation Teamwork Resilience Evaluating	Orienteering Obstacle Challenge	Agility Listening Co-operation Teamwork Resilience Evaluating	Orienteering Obstacle Challenge	Agility Listening Co-operation Teamwork Resilience Evaluating	Secret Scroll	Orienteering Observation Listening Co-operation Teamwork	Secret Scroll	Orienteering Observation Listening Co-operation Teamwork
(3)	Making Musical Instruments with Natural Objects	Listening Observing Co-operation	Build a Shelter	Problem-solving Listening Co-operation Collaboration Teamwork Evaluating	Orienteering Matching Symbols And Create a human map	Observation Listening Co-operation Teamwork Discussion	Orienteering Matching Symbols and Drawing simple map using symbols	Observation Listening Co-operation Teamwork Discussion	Making Fairy Bracelets and Stories	Orienteering Observation Speaking & listening Co-operation Teamwork	Making Friendship Bracelets and Telling Stories	Orienteering Observation Speaking & Listening Co-operation Teamwork
(4)	Communication Exercise	Communication Listening Co-operation	Trust Exercise	Trusting Communication Co-operation	Orienteering Counting Cones	Orienteering Listening Co-operation Teamwork	Orienteering Counting Cones	Orienteering Listening Co-operation Teamwork	Tree Spirit Faces	Observation Listening Co-operation Teamwork	Tree Spirit Faces	Observation Listening Co-operation Teamwork
(5)	Making Christmas Cards from Natural Objects	Team work Problem solving Effective communication Resilience Collaboration Respect for and understanding of nature and our environment	Making Christmas Cards from Natural Objects	Team work Problem solving Effective communication Resilience Collaboration Respect for and understanding of nature and our environment	Orienteering Playschool Map Jigsaw	Orienteering Observation Listening Co-operation Teamwork	Orienteering Playschool Map Jigsaw	Orienteering Observation Listening Co-operation Teamwork	Grasses & Nature Weaving	Orienteering Observation Speaking & listening Co-operation Teamwork	Making Dream Catchers	Observation Speaking & listening Co-operation Teamwork
(6)					Orienteering Hurdles & Slalom Ball	Orienteering Observation Memory Listening	Orienteering Hurdles & Slalom Ball	Orienteering Observation Memory	Target Water Gun Challenge (Maths)	Observation Memory Listening	Target Water Gun Challenge (Maths)	Observation Memory Listening Co-operation

						Co-operation Teamwork		Listening Co-operation Teamwork		Co-operation		
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Extra Activities: KS1 - Making Mud Pies KS2 - Toasting on a Campfire KS1 - Pollution – Drawing KS2 - Pollution – Make a poster	Observation Listening Co-operation Teamwork Observation Listening Co-operation Teamwork Awareness Observation Memory Speaking and Listening Co-operation Observation Memory Listening Co-operation
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