## **Key achievements to July 2022**

### Ensuring our children have healthy lifestyles by having access to regular exercise

- Introducing a varied and broad extra-curricular clubs programme has increased the number of children attending lunchtime and after school clubs throughout the whole school.
- The Golden Mile has increased fitness and well-being and the PACE assessment has measured children's fitness levels.
- Introducing the Outdoor Learning Programme for pupils has built skills in; problem solving, resilience, collaboration, effective communication, risk taking, as well as appreciation and understanding of our environment.
- Introducing enrichment activities such as fencing and golf has increased opportunities for every child.
- Whole school trips to Clip n Climb and Bewilderwood increased new opportunities and experiences for every child.

#### Raising standards and accessibility of all of our children in Physical Education

- Teachers' subject knowledge and confidence is improving through specialists working with teachers.
- Children's dance and ball skills all improved because of high quality teaching and input.
- PE lessons are more engaging and all pupils fully participate in every lesson.
- Received the Gold Mark Award for PE & Sport 2021/2022 which raises standards and awareness in school sport and competition.

## Increasing pupil's participation in Competitive Sport

- The partnership with the School Games has increased engagement in competitive opportunities, especially with younger age groups (Virtual competitions were implemented).
- Developing competitive skills has better prepared the children for many situations in life that involves confidence and fair play.
- Children able to compete being better prepared and more confident.
- Lessons are enhanced through the use of appropriate equipment.

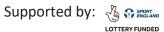
# Areas for further improvement and baseline evidence of need: 2022/23

- Continue to drive sustainable improvements surrounding high quality PE, Sport, Physical Activity, Health and Well-being for all pupils by utilising skills of specialist teachers and coaches to work alongside teachers.
- PE lead to continue to take responsibility (in consultation with AH) of budget management, evidencing and reporting on the impact and sustainability of the PE Premium.
- Ensure each pupil receives 1 hour of high quality physical activity directly linked to the physical education framework and opportunities for at least 30 minutes exercise every day.
- > Increase participation in extra-curricular clubs by introducing a varied programme to impact on wider school priorities such as; positive behaviour, readiness to learn and improving physical skills.
- Apply for and achieve the 'Schools Games' Gold Mark for commitment to offering regular and varied school sport, festival and participation opportunities.
- > Continue Outdoor Learning to support wider school priorities such as an understanding and care for the environment.
- > Continue to embed the daily Golden Mile throughout school to contribute to the recommended 30 minutes per day of physical activity and monitor progress.
- > Introduce a new after school Enrichment Programme to increase opportunities for all pupils for 1 hour every day, to contribute to the recommended 30 minutes additional physical activity per day. Sports Leaders to have more responsibility to lead and organise.
- Introduce new enrichment activities; Dance & Drama Programme with Dance East, fencing, archery and golf to offer varied and engaging opportunities.
- > All children to visit an Activity Centre: Pipers Vale Gymnastics Centre & The Ski Centre to experience new and challenging activities.
- Raise the profile of PE & Sport in school by awarding points to individuals for House Groups for achievements, effort, behaviour and attainment.
- > CPD of Sports Lead and new teachers to attend courses and training to increase subject knowledge of PE and Outdoor Learning.
- > Bikeability for Year 6 pupils in the summer term.













Meeting national curriculum requirements for swimming and water safety.	
The percentage of our current Year 6 cohort who can swim competently, confidently and proficiently over a distance of at least 25 metres?	N/A (There are currently no year 6's on role)
The percentage of our current Year 6 cohort who can use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	N/A
The percentage of our current Year 6 cohort who can perform safe self-rescue in different water-based situations?	N/A
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	Yes/ <mark>No</mark>











Academic Year: 2022/23	Total fund allocated: £ (See CMAT Central PE & Sport Premium Funding)	Date Updated: 14.07.23		
	all pupils in regular physical activity			Percentage of total allocation: % (See CMAT Central PE & Sport Premium Funding)
that primary school pupils undertake	e at least 30 minutes of physical activ	ity a day in scho	ool	
Intent	Implementation		Impact	
School focus with clarity on intended impact on pupils and their learning:	Actions to achieve outcomes which are linked to intentions:	Funding allocated:	Evidence of impact:	Sustainability and suggested next steps:
Increase regular activity during the school day by providing an Active Playtime Programme to encourage physical activity.  Introduce playtime activities to be organised by the Sports Leaders on a daily basis.  Impact: Transformation of playtimes will increase physical activity and enforce positive behaviour. Trained Sports Leaders from Upper KS2 will take on leadership roles and develop important skills for the future.		No cost	All pupils have been involved in active playtimes. Sports Leaders have taken responsibility to put out equipment every playtime.	New equipment has been purchased to help engage pupils in play and lunchtime activities. Introduced new playground lunchtime club on Fridays, organised by mid-day supervisors.  Sports Leaders are organising playtime equipment and activities each day of the week. Continue this next year.  Set up target group of less active pupils and encouraged engagement in the activities provided.  Next Steps:  Develop a new Sports Enrichment Programme available to all pupils.  Activities will be available every day











Plan and provide outdoor learning opportunities for all pupils including SEND pupils.

Provide a plan and link primary entitlement statements to activities to ensure a broad land varied curriculum for all pupils. Where possible link to the main curriculum drivers.

*Impact:* These opportunities will support cross curricular learning, confidence, building resilience and teambuilding skills. They will encourage children to have an appreciation and understanding of our environment. Pupils will engage in an enhanced and varied curriculum linked to the main curriculum drivers for the school.

Redevelop outdoor learning to fit with new No cost curriculum. Organise a whole school week in the summer term. Liaise with class teachers.

All pupils have been engaged in an outdoor learning week which has increased teambuilding, confidence and Schools. It was a huge success, resilience and an appreciation for our environment.

Yr 5 outdoor learning statements:

"The lava challenge was fun! I love being outside doing practical activities. We worked well as a team and encouraged each other."

"The archery gave me an opportunity to try something new. It was exciting!)"

"The leaky bucket was fun. We learnt some maths when we measured the water but it didn't feel like the same learning as when we are in the classroom."

An Outdoor Learning week was organised at Helmingham and Henley allowing children to have many different challenges and experiences.

Children will have the tools they need to perform to the best of their ability through team work and cooperation as well as becoming more independent and confident with more adventurous activities. This will better prepare them for life beyond primary school. They will have an appreciation for our natural environment.

 Planning and outcomes will continue to be monitored throughout the year.

#### Next Step:

 The outdoor learning programme will be further updated to reflect the new learning characteristics for PE and ODL.













Deliver training to Year 5 and 6 Sports Organise whole training day for new Sports No cost Young people undertaking a Sports Leader training took place at Leaders to provide extra opportunities for Leaders (from Helmingham and Henley) by qualification in Sports Leadership will the beginning of the year to enable activities with play time and lunchtime learn and demonstrate important life leaders to fulfil their responsibilities the PE Lead throughout the year. clubs. skills such as effective communication and organisation whilst learning to lead Provide training for young leaders to basic physical activities to younger Next Step: organise and lead active playtimes and lunch people, their peers, older generations Training of Sports Leaders will and within the community. continue next year. clubs. *Impact:* These opportunities will develop important skills for the future support opportunities for increasing healthy and active lifestyle across all age groups.









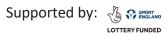


Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation: % (See CMAT Central PE & Sport
Intent	Implementation		Impact	Premium Funding)
School focus with clarity on intended impact on pupils and their learning:	Actions to achieve outcomes which are linked to intentions:	Funding allocated:	Evidence of impact:	Sustainability and suggested next steps:
Raise the profile of PE and Sport by holding regular whole school Achievement Assemblies.  Plan assemblies to recognise and celebrate pupil's efforts and achievements, rewarding with certificates.  Impact: Celebrating children's efforts and achievements will promote a sense of pride, raise self-esteem and build confidence.  Pupils are seen as role models. This will also help to further engage children to lead healthy lifestyles.	Organise certificates.	No additional cost.	Pupil feedback confirmed that being recognised for their achievements has had a positive effect.	<ul> <li>Continue to have regular assemblies to share sporting achievements and celebrate through 'Helmingham Highlights' and school website.</li> <li>Next Step:</li> <li>Introduce tangible rewards such as medals and badges for Inter School Competitions to allow the opportunity for children to experience success through participating in sport across the school.</li> </ul>













Provide cycle training for all Year 6 pupils with Bikeability.	Organise course in the summer term for all year 6 pupils. Liaise with Bikeability.	Funded by FoHS	No current year 6's.	
Support healthy lifestyles and safety on the				
roads by participating in a practical cycle course.				
Impact: Pupils will learn rules & laws related				
to cycling, develop thinking skills, learn physical benefits of cycling, manage risks,				
increase independence and develop strategies for keeping safe.				









Key indicator 3: Increased confidence, k	Percentage of total allocation:			
Intent	Implementatio n		Impact	% (See CMAT Central PE & Sport Premium Funding)
School focus with clarity on intended impact on pupils and their learning:	Actions to achieve outcomes which are linked to intentions:	Funding allocated:	Evidence of impact:	Sustainability and suggested next steps:
coaches to work alongside teachers in PE lessons to increase their subject knowledge and confidence.  Targeted areas:  Chance to Shine Cricket  Impact: All pupils will receive extra high quality PE from specialist teachers/ coaches with the primary aim to support individual teachers in	Organise, amend and review PE & Sport Programme to include teachers to work alongside specialist teachers/coaches.  Introduce activities specifically aimed at enabling the most able and least able pupils to achieve high standards in PE and School Sport.  Contact Sports Coaches in:-  Chance To Shine – Cricket (1 whole day session)		hour of quality PE per week delivered by PE Lead/specialist. To enhance this further additional specialist teachers deliver high quality lessons to raise attainment. Pupils on target meet age-related	<ul> <li>Ensure that professional development of staff is quality assured and systematically planned and tailored to the individual needs of teachers, TAs and other school staff.</li> <li>Monitor the impact of professional development to ensure lasting legal of consistently good teaching of PE. Next Step:</li> <li>Review and amend to reflect new teaching staff and provide CPD where necessary.</li> </ul>
cover staff to release teachers and teaching assistants for professional development.  Impact: Train teachers so that pupils are taught	ensure quality of lessons by conducting lesson observations.  Attend any relevant courses throughout the year with school games partnership.		Staff training took place throughout the year. Observations and modelling implemented where necessary.	<ul> <li>Ensure that professional development of staff is quality assured and systematically planned and tailored to the individual needs of teachers, TAs and other school staff.</li> <li>Monitor the impact of professionad evelopment to ensure lasting legal of consistently good teaching of PE.</li> <li>Next Step:</li> <li>Review and amend to reflect new teaching staff and provide CPD</li> </ul>

				where necessary.
Key indicator 4: Broader experience of	Percentage of total allocation: % (See CMAT Central PE & Sport			
Intent	Implementatio n		Impact	Premium Funding)
School focus with clarity on intended impact on pupils and their learning:	Actions to achieve outcomes which are linked to intentions:	Funding allocated:	Evidence of impact:	Sustainability and suggested next steps:
Provide enrichment activities to give pupils provision for varied sports and skills:  In School:  Archery (whole school 1 day activity)  Gymnastics (whole school 1 day activity)?  Circus Day (Yr 2)  Impact: Improve opportunities in line with school improvement plan with extended provision offering experiences that are engaging and outside the usual PE provision.	Organise and monitor enrichment activities ensuring quality of sessions continue.  Contact specialists:  Premier Sport – Archery Gymnastics – Pipers Vale PE Lead – Circus Skills		The enrichment activities which took place enabled pupils to experience new opportunities and increase levels of activity and skills.	<ul> <li>The enrichment activities which took place:</li> <li>golf</li> <li>Drama was replaced with</li> <li>Performing Arts Workshop – The Greatest Showman</li> <li>Archery was cancelled due to insufficient funds</li> <li>The trips to Clip n Climb and Bewilderwood were cancelled due to cost of travel</li> <li>Next Step:</li> <li>Continue to provide a varied</li> <li>Enrichment Programme next year.</li> <li>Re book Clip n Climb and</li> <li>BeWilderwood for next year.</li> </ul>











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Provide opportunities for all pupils in regular	Organise clubs and monitor coaching to		Pupils taking part in a variety of extra-	All extra-curricular clubs were
physical activity by arranging a broad and	ensure quality of sessions.		curricular clubs.	offered at the beginning of the year.
varied extra- curricular Sports Programme.	Book specialist coaches to run clubs:			All clubs were cancelled due to lack     All clubs were cancelled due to lack
Instructors and teachers to provide extra- curricular sports clubs:-	Jig-zaw Dance – Hip-hop	Cost to parents		of take up. Feedback suggested the cost of clubs being put to parents (which was newly introduced this
Dance – Hip-hop	Premier Sport – Multi-sports	Cost to parents		year) was the reason for the decline.
<ul><li>Multi-sports</li><li>Yoga</li></ul>	• Yoga	Cost to parents		Next Step: • Revise and amend extra-curricular
Impact: Active, engaging and well led provision will contribute to our pupils' physical health and well-being as well as further contribute to the CMO guideline of 30 moderate to vigorous minutes of exercise per day for every child. Varied sports & activities will increase pupil participation in extra-curricular clubs.  Provide pupils with exist routes to local clubs. Identify gifted and talented children and guide towards expert coaching.		(Sessions charged at £3.50 per week)		clubs to offer a broad and varied programme and to join them with the clubs offered at Henley.  • Provide opportunities for target group of pupils. Obtain feedback to ensure needs are met where possible.
Purchase PE equipment to replace old and damaged items.  To provide a wide range of physical education opportunities  Impact: Increase pupil participation and enjoyment by providing safe and age appropriate equipment. Extend the range of skills that can be learnt within curriculum PE and extra-curricular activities.	Research and purchase equipment and resources for lessons and extracurricular clubs.  Purchase new balls, pumps/adaptors and any damaged equipment throughout the year.	(See CMAT Central PE & Sport Premium Funding	<ul> <li>Age-appropriate equipment and quantity allows for high levels of physical activity and skill development in lessons and extra-curricular clubs. (eg. At least 1 ball between 2. Low compression tennis balls to allow reaction time for younger children)</li> </ul>	Continue to replace old and damaged equipment.













Key indicator 5: Increased participation	Percentage of total allocation: % (See CMAT Central PE & Sport			
Intent	Implementation		Impact	Premium Funding)
School focus with clarity on intended impact on pupils and their learning:	Actions to achieve outcomes which are linked to intentions:	Funding allocated:	Evidence of impact:	Sustainability and suggested next steps:
Partnership.  Provide children with the opportunity to compete against other schools and work towards the School Games Mark Award.  To attend relevant courses provided by the partnership.	Monitor the participation in sport and engagement in competitions and extracurricular clubs (School Games Mark Award).  To update staff with current training.  Select competitions within the partnership.	Approx £850 For membership Approx £50 for entry to the IPSAA Cross Country Competitions	Pupils chose not to take part in out of school competitions but were engaged in Intra School competitions;  Competitions:	Games Membership to sustain
Provide transport to sports competitions.  Impact: To enable well organised and safe travel to participate in competitive sports against other schools.	Obtain quotes from transport companies and organise for each competition.	Approx £1500.00 (Cost covered by revenue of clubs)	N/A	N/A









